

“Nobody can be uncheered with a balloon.”

- A.A. Milne.

Exercise 1 - Do you agree? Do you think about those little things that make you happy when you're sad?



Discuss the questions below:

1. Have you ever dreamed of flying?
2. What images are in your mind when you hear the word '**balloon**'?
3. What do you think about **BALLOONING** as a hobby?
4. Have you ever flown in the hot-air balloon? Did you like it? If not, would you like to try it?



Exercise 2 - Read the text and fill in the gaps with correct forms of the words in the brackets.

Flying in a hot air balloon is an 1) _____ (FORGET) experience that not many people have the opportunity to try. If the occasion arises, do not doubt it! You will not regret. Surely there are many things you have in your bucket list. If flying in a hot air balloon was not on your list, continue reading. Why you should do it?

Because the views are spectacular

Have you ever 2) _____ (THINK) about what it would be like to see things from the sky? Feel the freedom in the air and contemplate from a distance what happens under your feet.

Because it is a unique experience in life

Flying in a balloon is an 3) _____ (REPEAT) experience. And surely if you do it again, it will never be the same feeling. Being in the sky, like a bird, above the clouds, in silence, enjoying the landscape and the moment is something that cannot be explained by words. It must be experienced in the first person.

Because you could overcome your fear of heights

If you have ever felt vertigo or you are afraid of heights, balloon flight is the best way to deal with that situation. The hot air balloon will allow you to get used to your 4) _____ (SURROUND) calmly with a slow ascent that will provide you with serenity throughout the journey. The beautiful views will make you forget everything else.

Because it can be the perfect place for a marriage 5) _____ (PROPOSE)

Have you thought about asking for marriage to that person with whom you want to share the rest of your life? Why not do it during your balloon trip? It would be one of the most romantic and special moments in your life, without any doubt.

Because it invites to dream

One of the unattainable dreams of many people is to be able to fly 6) _____ (FREE) like birds. Flying in a hot air balloon gives you such a sensation of floating, of serenity, that will allow you to dream with your eyes open.

Because it's a different and nice way to enjoy time with others

Flying in a hot air balloon is an excellent way to spend time with family, friends or even co-workers. It is an experience that brings you closer to you and also to others. If you want to enjoy this unique adventure in all your senses, choose the people to share it and book your flight now!

(source: <https://www.barcelonaballoonflights.com/8-reasons-to-fly-in-a-hot-air-balloon/>)

VOCABULARY:

Exercise 3 - Find the correct words in the text to these definitions. All words are underlined.

1. the feeling of dizziness and fear, and of losing your balance, that is caused in some people when they look down from a very high place -
2. very impressive -
3. impossible to achieve or reach -
4. the quality of being calm and peaceful -
5. to think about whether you should do something, or how you should do something -
6. the act of climbing or moving up; a journey that goes up something -

Exercise 4 - Complete the sentences using the words from the previous exercise:

1. Setting _____ goals will only lead to frustration.
2. They've just begun their gradual _____ up the hill.
3. The hotel offers a haven of peace and _____ away from the bustle of the city.
4. She was seriously _____ moving to Mexico.
5. Other symptoms may include _____ (a type of dizziness) or ringing in the ears.

VIDEO:

Exercise 5 – You are going to watch a video about the man who made his wildest childhood dream a reality. He attaches helium balloons to office chairs, gondolas, even little houses, and he goes flying.

Video: <https://www.youtube.com/watch?v=pCkgAelO3og>

How One Man Flies Hundreds of Miles Using Balloons

FIRST, discuss these questions:

1. Look at the title and description of this video.
Do you think it is possible?
2. Can you think of the movie where you can see the scene where lots of balloons were tied to the house and it just flew? If you don't remember, you will figure out from the video.



Answer the questions DURING watching:

1. What does he take along flying up?
2. What film is mentioned in the video?
3. What was the longest flight? How many miles?
4. Why is the ballooning a mix of art and science?
5. Why did they have to wait one year to make the first flight?
6. What does he have to do when he's up?
7. What is the difference between a hot air balloon and this type of flying?
8. Why does he do it? What is the reason?

Discuss the questions below AFTER watching the video:

What do you think about such a hobby?

Would you like to try it? Explain.

VOCABULARY:

Exercise 6 – Match the AIR idioms with their definitions. Then translate them.

- | | |
|-------------------------------|---|
| 1. to BE up in the AIR | a) felt by a number of people to exist or to be happening |
| 2. to BE in the AIR | b) not yet decided |
| 3. to WALK on AIR | c) broadcasting on television or radio |
| 4. to BE on (the) AIR | d) to feel very happy |

Exercise 7 – Complete the sentences using the idioms in the correct forms.

1. My travel plans are still _____.
2. After she won the competition, she was _____.
3. Ok then! We will be _____ on Sunday morning at 9.
4. Love is _____. Trust me! :)

HOMEWORK

(source: <https://www.youtube.com/watch?v=3N-LGBdLaJ8>)

Lifting a Man with Helium Balloons? | I Didn't Know That

Answer the questions to this video:

1. How many small balloons does he need to get airborne?
2. How big is the balloon when it's fully inflated?
3. How many big balloons does he need to go up? How much does he weigh?
4. How many balloons did he use outside and inside?

Choose **FIVE** new expressions/idioms/words from the lesson and write down 5 sentences.

KEY:

Exercise 2 – TEXT:

1. unforgettable 2. thought 3. unrepeatable 4. surroundings 5. proposal 6. freely

Exercise 3 – VOCABULARY

1. vertigo 2. spectacular 3. unattainable 4. serenity 5. to contemplate 6. ascent

Exercise 4:

1. unattainable 2. ascent 3. serenity 4. contemplating 5. vertigo

Exercise 5 - QUESTIONS TO THE VIDEO:

1. the body, the harness, sometimes some bigger things like for example: a house
2. Disney Pixar Film „UP”
3. many hours, even about 12-14h / 466 miles
4. art: colorful cluster balloons / science: there's a human life at stake, his life and the lives of those who can be in the sky in the same moment and the lives of those underneath
5. lots of training and practice, to receive a pilot's licence and all necessary certifications
6. It's not only a kind of relaxation. He has to control many things, think about the direction and all obstacles in front of him. Then, he has to initiate the descent so he cuts away the individual balloons.
7. This type of ballooning is silent. (no rotor, no prop, no jet, no burner)
8. It's really interesting and beautiful.

Exercise 6 – VOCABULARY:

1. b) 2. a) 3. d) 4. c)

Exercise 7:

1. up in the air 2. walking on air 3. on air 4. in the air

HOMEWORK:

1. He needs at least 30 000 small balloons.
2. the diameter of this big balloon is 2,5m
3. He weighs 96 kilos. He needs 14 big balloons.
4. outside – 7 then 6 / inside - 18